

VCC - SRT CULINARY ARTS - PC1

SEPTEMBER

INSTRUCTOR: Mike Steele **HOURS:**

| MONDAY 5-Sep-16 | TUESDAY 6-Sep-16 | WEDNESDAY 7-Sep-16 | THURSDAY 8-Sep-16 |
|--|---|--|---|
| STAT LABOUR DAY CLOSED | <u>Day 1</u> Intro - 2 - 5pm Room 2145 Cafeteria - Main Hall | <u>Day 2</u> Kitchen Safety Kitchen Tour & Equipment Knife & Tool Intro Textbooks | <u>Day 3</u> Knife Skills & Terminology |
| MONDAY 12-Sep-16 | TUESDAY 13-Sep-16 | WEDNESDAY 14-Sep-16 | THURSDAY 15-Sep-16 |
| <u>Day 4</u> Stocks: Debone Chicken Chicken Stock Fish Stock Conversion Recipe | <u>Day 5</u> Soups: Clear Soup Brown Stock | <u>Day 6</u> Thick Soups | <u>Day 7</u> Mother Sauces: Bechamel Veloute |
| MONDAY 19-Sep-16 | TUESDAY 20-Sep-16 | WEDNESDAY 21-Sep-16 | THURSDAY 22-Sep-16 |
| <u>Day 8</u> Mother Sauces: Tomato Espagnole Demi | <u>Day 9</u> Mother Sauces: Hollandaise Mayo Clarified Butter | <u>Day 10</u> Salads & Dressings | <u>Day 11</u> Salads & Dressings |
| MONDAY 26-Sep-16 | TUESDAY 27-Sep-16 | WEDNESDAY 28-Sep-16 | THURSDAY 29-Sep-16 |
| <u>Day 12</u> FIELD TRIP GRANVILLE ISLAND VCC DT | <u>Day 13</u> Potato & Starch Cookery | <u>Day 14</u> Vegetable Cookery Compound Butter | <u>Day 15</u> Vegetable & Starch Cookery |

2:00 - 7:00PM

FRIDAY

9-Sep-16

STUDY DAY

WORK HOURS

FRIDAY

16-Sep-16

STUDY DAY

WORK HOURS

FRIDAY

23-Sep-16

STUDY DAY

WORK HOURS

FRIDAY

30-Sep-16

STUDY DAY

WORK HOURS